



# **Becoming Sovereign: Journey with the Archetypes**

## **Session 6: The Wise Woman**

**Part One: Wisdom Goddesses, the Triple Goddess  
and the rise of the Wise Woman**

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**Data and Information**

**Data and Information + Experience = Knowledge**

**Knowledge + Experience = Understanding**

**Understanding + A Lot More Experience = Wisdom**



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**Athena**  
Greek Goddess of  
Wisdom and War



**OSTARA**  
EXPERIENCE

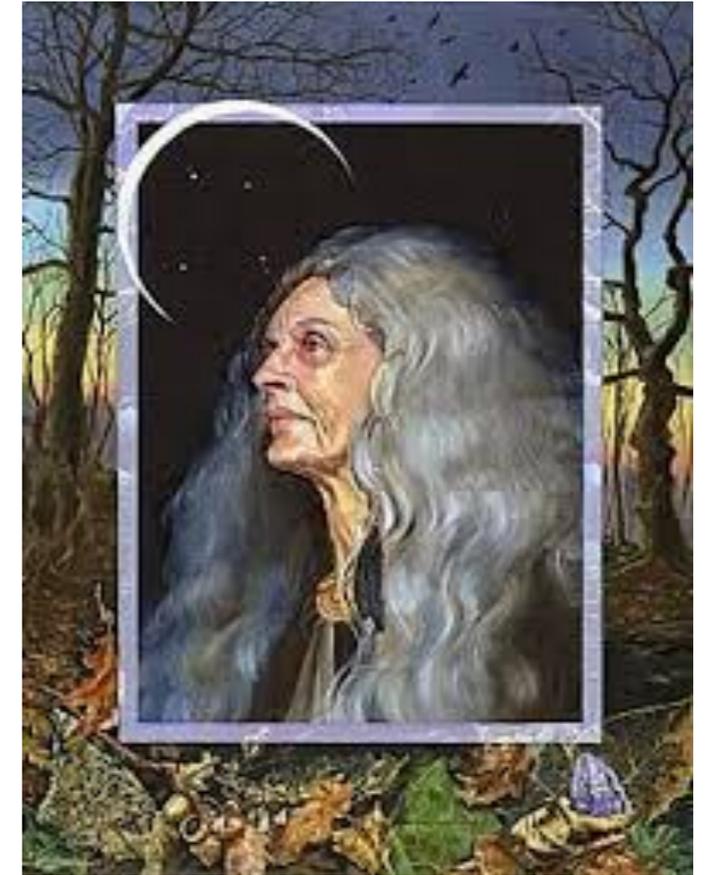




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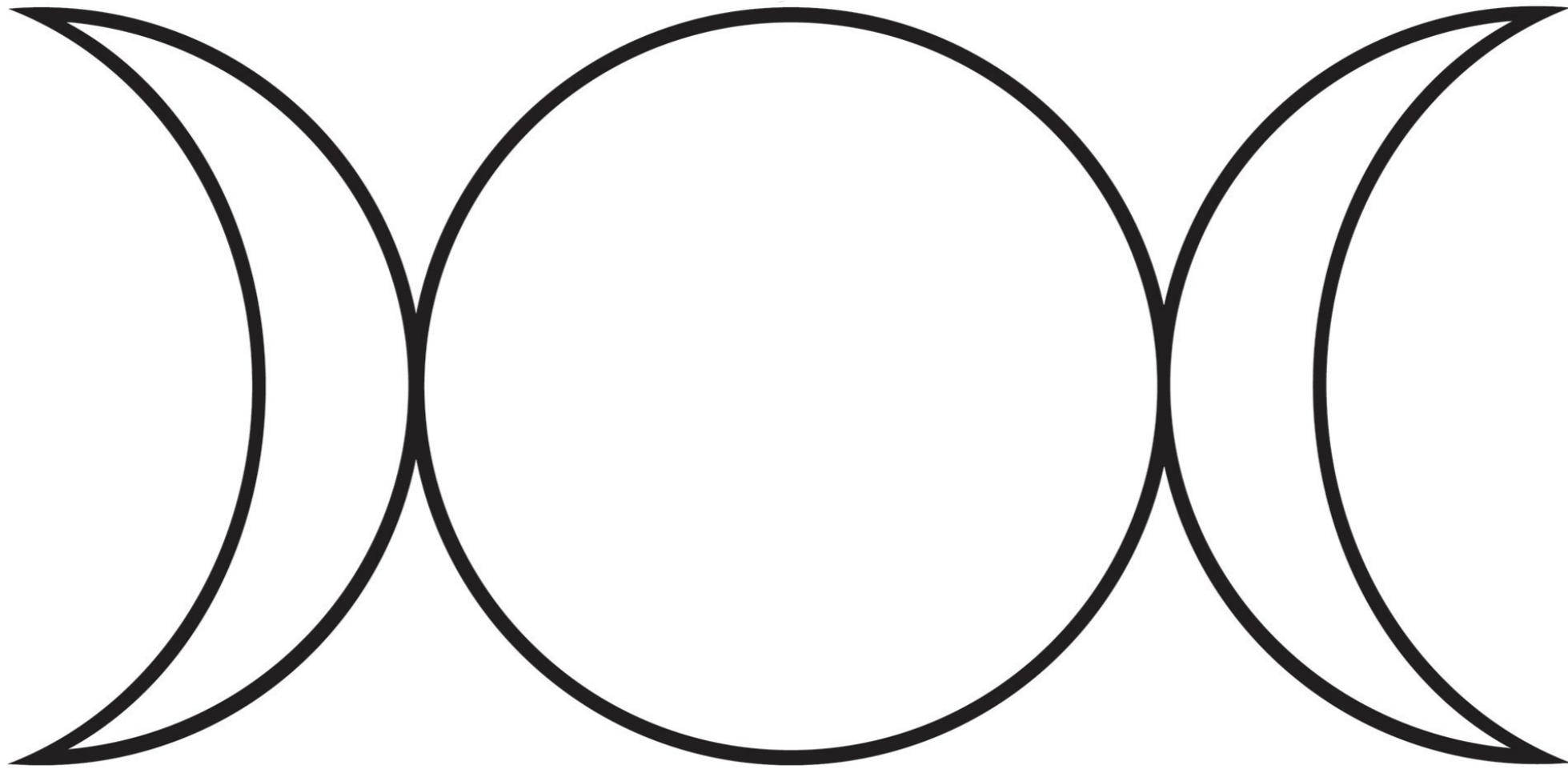
**Saraswati**  
Hindu Goddess of  
Wisdom, Music and the Arts





**The Cailleach**  
Gaelic Goddess of Winter  
Wise Woman







## AWAKENED EMPOWERED SOVEREIGN STATE

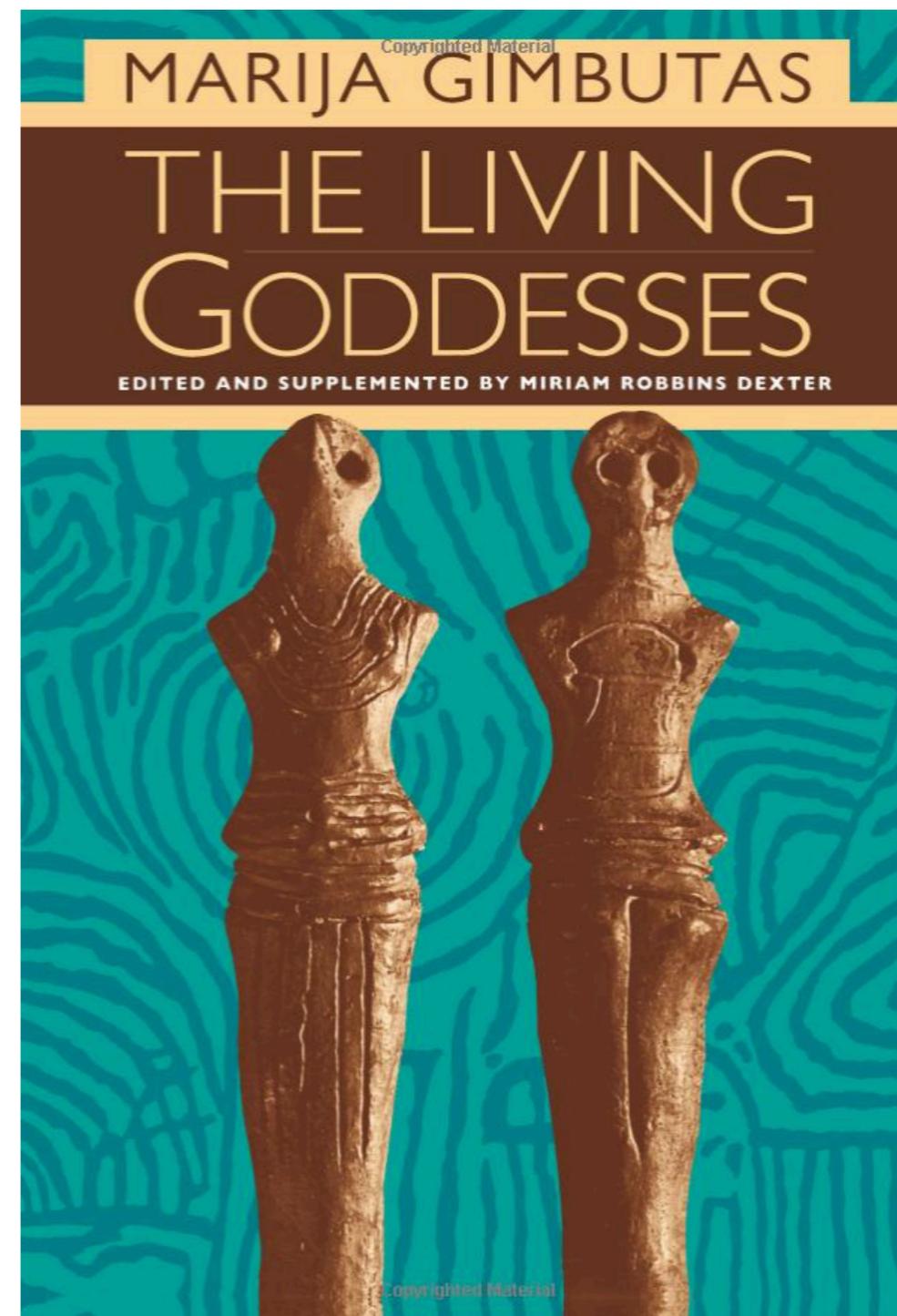
**Wise Woman in her awakened state has developed her wisdom through study, profound life experience, and deep personal reflection.** She makes connections between many different aspects of life as she feels, knows and navigates the great web of life. She's intuitive and sensitive as well as learned.

**The breadth as well as the depth of her knowledge and experience help her to see the big picture and many different points of view.** She's an excellent mentor and teacher, able to access and appreciate many different perspectives.

**She's articulate with strong points of view of her own that she's not afraid to share when the time is right.** She speaks with the authority of experience and shares teaching stories that benefit the tribe.

**At the same time, she has nothing to prove, and listens deeply in a way that honors and respects others.** She compassionately helps her people see new possibilities by illuminating then reframing their unquestioned assumptions and expectations.

**Like all true Sovereigns, the Wise Woman fosters confidence in others, leading them to the authority of their own learning and experience.** She understands that "everyone's life and voice matters" and she uses that principle to guide her work in the world.





**Starhawk**

Author, Activist

Co-Founder Reclaiming Collective

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STAND WITH US OR STAND ASIDE,  
WE REPRESENT NO NATION.  
WE REPRESENT RIGHTFUL INDIGNATION.



stand with us photo and text©2019C.P. Estes a/r/r

WE ARE UNDER THE FLAG OF THE SACRED HEART, SCAR CLAN.  
NEVER MISTAKE OUR TEARS, FEARS OR GENTLENESS  
FOR WEAKNESS

WE ARE RELENTLESSLY NEW SCHOOL KICK-ASS  
INSTEAD OF OLD SCHOOL KISS-ASS.

**Dr. Clarissa Pinkola Estes**  
New York Times Bestselling Author  
Senior Jungian Psychoanalyst

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**Toni Morrison**

**Pulitzer and Nobel Prize winning Author  
University Professor**

**Alice Walker**  
Pulitzer Prize Winning Author





**Caroline Casey**  
Visionary Activist Astrologer, Radio Show Host, Author



**Susun Weed**  
Author, Mentor, Teachers



**LaDonna Brave Bull Allard  
Lakota Historian, Standing Rock Activist**



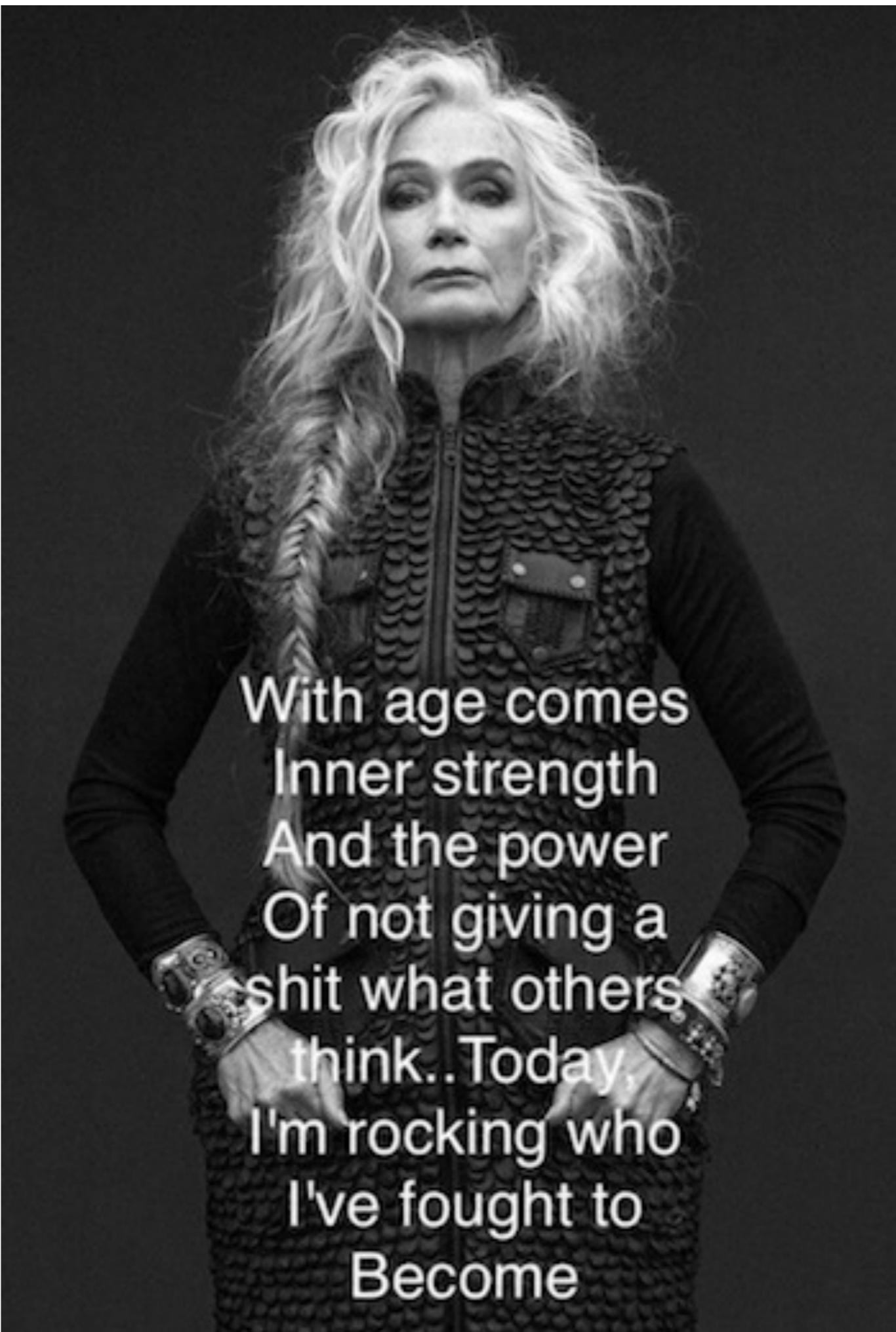
Tina Turner, Queen of Rock







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With age comes  
Inner strength  
And the power  
Of not giving a  
shit what others  
think.. Today,  
I'm rocking who  
I've fought to  
Become



My darling girl, when are you going to realize that being "normal" is not necessarily a virtue? It sometimes rather denotes a lack of courage."  
— Aunt Frances"

© LL Cool Joe

"At 70 years old if  
I could give my  
younger self one  
piece of advice, it  
would be to use the  
words 'fuck off'  
much more  
frequently"

Helen Mirren

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*A wise woman  
wishes to be no  
one's enemy;  
a wise woman  
refuses to be  
anyone's victim.  
~ Maya Angelou*

*Rest in Peace  
1928-2014*

We Are Woman

